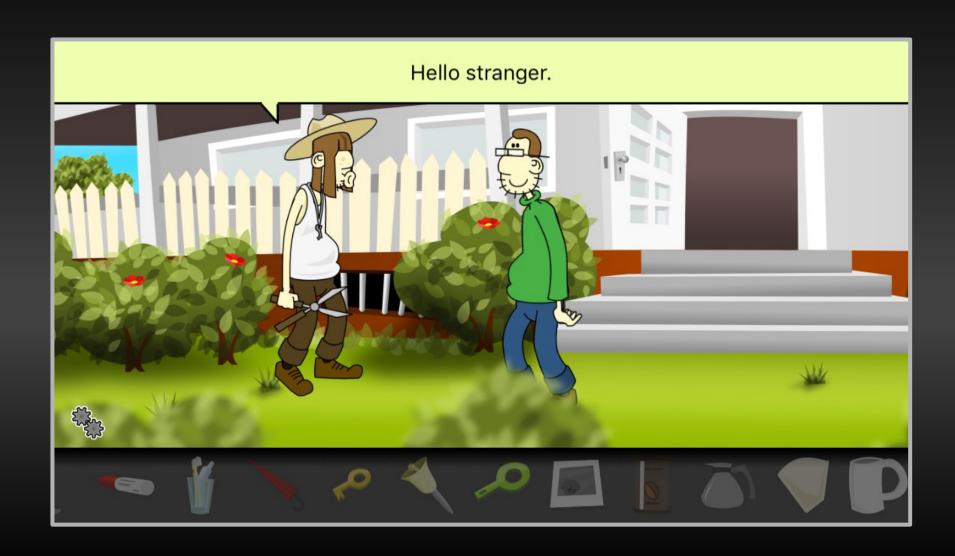
#### Welcome!



I'm Damian Thater

# Argh! What?



# Motivation Surviving Long-Term Projects



# Believe in your Skills





**Stay Native** 



Prevent Prosperity Illusions

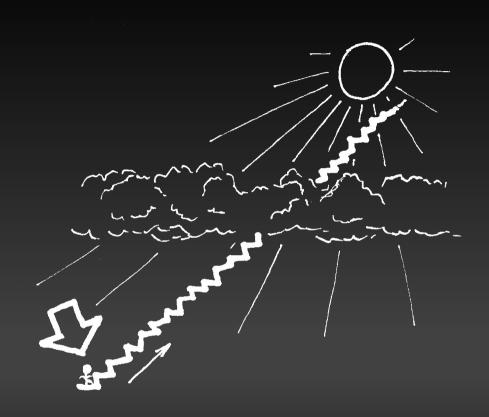
# **Anti-Depression Secret**

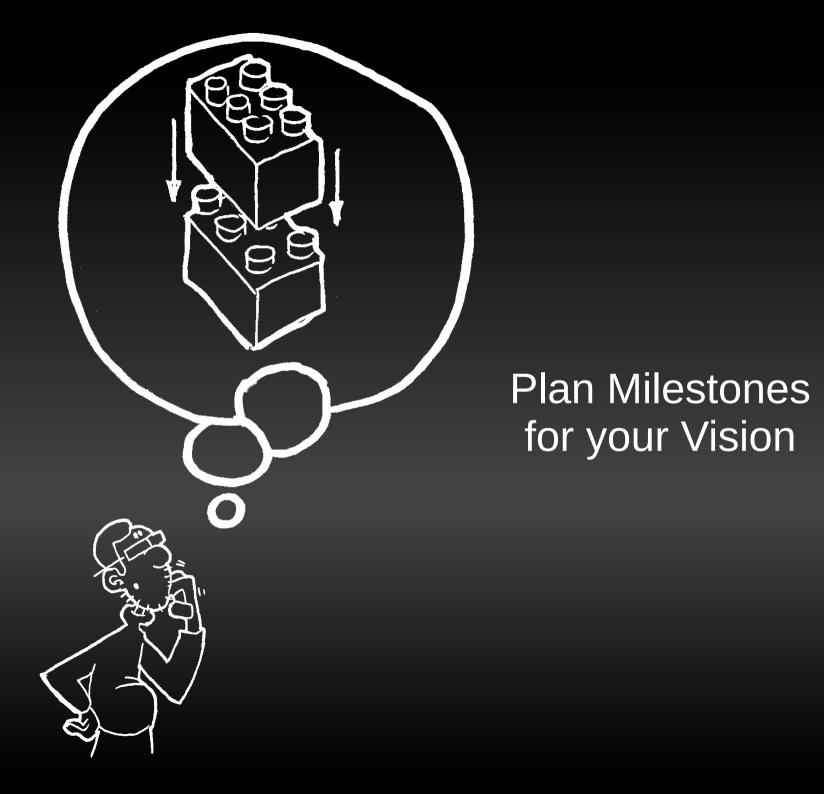


Simply Start

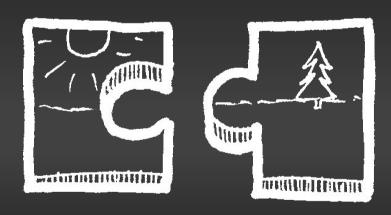
but

Start <u>Simple</u>

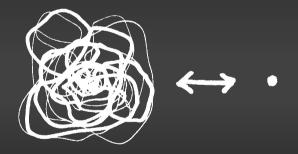




#### Discover the Joy of Complexity



#### Switch Between Simple & Complex Tasks





## Focus

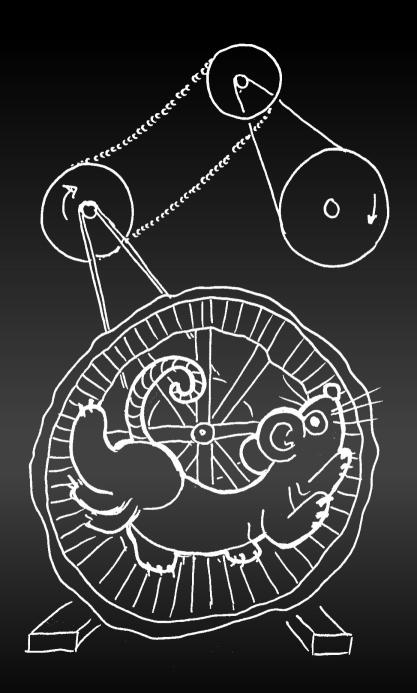
#### Take Notes



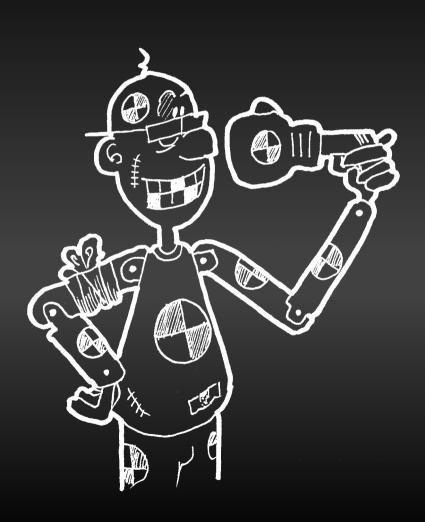
## Enjoy Pauses Consciously

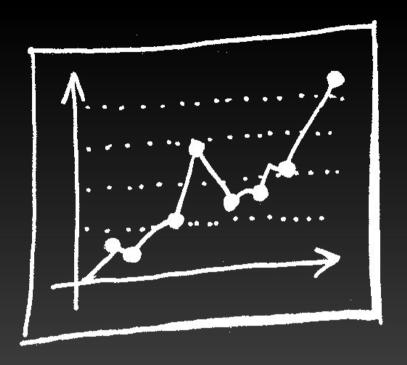


Automate Everything



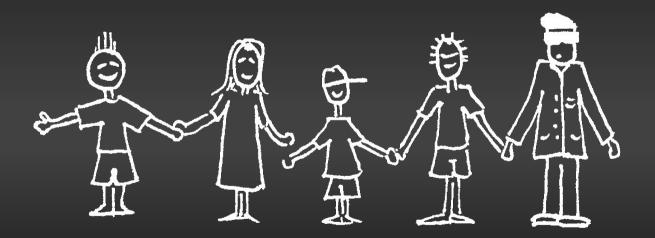
## Always Test



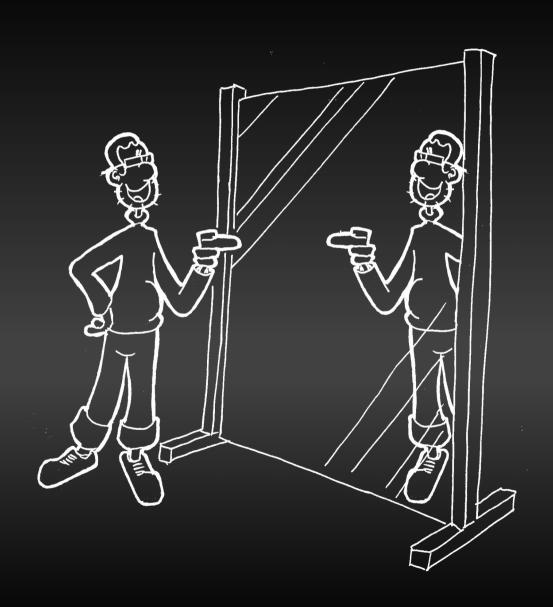


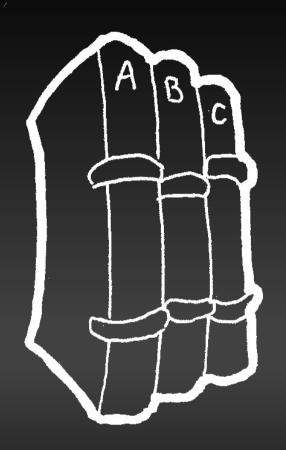
Retrospect
Progress
Periodically

# Community



# Identify with Your Work





#### Recommended Motivators

Daniel H. Pink
Simon Sinek
Eric Barker
Stephan Aarstol
John Sonmez

#### Thanks



www.damianthater.com www.arghearthlings.com